

(Provided to us by the Interfaith Council of the Northshire.)

- The Economic Services office: 1-802-442-8541 or 1-800-775-0527
- BROCC: 1-802-447-7515 or 1-800-717-2762
- The Senior Help Line: 1-800-642-5119
- The Vermont Food Bank: 1-800-585-2265
- The Community Food Cupboard, Manchester, VT: (802)362-0057

Located at 40 Jeff Williams Way (at the Town Hall facing the parking lot)

Wednesday 2:00-4:00

Thursday 10:00-12:00, 2:00-4:00

The very knowledgeable staff at the organizations listed above can help answer questions and/or may be able to help people get the resources they need. They also know about other resources in the community that can help with basic human needs.

## So who do I call for information about fuel for heat?

First and foremost, we are telling everyone: **don't wait for your fuel tank to be empty** before you call the numbers below. We are urging everyone who is looking for information about Bennington County food and fuel resources to call the Vermont 211 Helpline. **Just dial 2-1-1.** Vermont 211 is open for business 24 hours everyday. The skilled staff can help find information not only about fuel and food resources but also about a wide range of resources throughout Bennington County and across the state.

In addition to calling 2-1-1, if you know people who are looking for help with heating their home, encourage them to call:

- The State Fuel Line: 1-800-479-6151
- BROCC: 1-802-447-7515 or 1-800-717-2762
- The Senior Help Line: 1-800-642-5119

## Are there any websites where I can get additional information about food, fuel and other resources?

If you have internet access, log onto:

- [www.vermont211.org](http://www.vermont211.org) – for information about statewide resources
- <https://dcf.vermont.gov/> – for Food Stamp information
- [www.dcf.state.vt.us](http://www.dcf.state.vt.us) – for information about Food Stamps, Fuel Assistance, Weatherization
- [www.vtfoodbank.org](http://www.vtfoodbank.org) – for information about food shelves in Bennington County and across the state
- <https://www.benefits.gov/benefit/1583> – for information about the Shareheat program

· [www.retireguide.com/medicare](http://www.retireguide.com/medicare) and/or [Senior Discounts & Benefits | Ultimate Retirement Guide \(retireguide.com\)](#)

- These free resources highlight Medicare coverage, costs, eligibility and enrollment information, along with answers to some frequently asked questions.

### **Bennington Free Clinic**

Phone: 802-447-3700 x1 to make an appointment for Thursday evenings 6-9 p.m. or email [freeclinic@gbicsbennington.org](mailto:freeclinic@gbicsbennington.org)

Address: 121 Depot Street, Bennington, VT

Website: <http://www.benningtonfreeclinic.org>

**Southwestern Vermont Council on Aging**, 160 Benmont Avenue, Suite 90, Bennington, VT

Phone: 802-442-5436

Website : [svcoa.org/](http://svcoa.org/)

- Senior Helpline: 1-800-642-5119
- Case management

- Assistance with financial management
- Help finding senior housing
- Individual must phone to request services for themselves

**Vermont Center for Independent Living**, 601 Main St., Bennington, VT 447-0574

Phone: 802-447-0574

Website: [www.vcil.org/](http://www.vcil.org/)

- Disability Helpline: 1-800-639-1522
- Services for people with all kinds of disabilities
- Peer advocacy counseling
- Meals on wheels for people with disabilities under age 60
- Some funding for assistive technology
- Systems advocacy for programs for people with disabilities
- Individual must phone to request services for themselves

**Bennington Project Independence Adult Day Service**, 614 Harwood Hill, Bennington, VT

Phone: 802-442-8136

Website: [www.bpiads.org/](http://www.bpiads.org/)

- Day service for elders and adults with disabilities who require daily supervision
- BPI provides door to door transportation
- Meals provided on site
- Nurse / Health care provided on site
- BPI provides daily activities and social interaction for their clients
- Some Medicare /Some insurance coverage/ Sliding fee scale

**The Tutorial Center**, 208 Pleasant St., Bennington, VT and 3511 Richville Road, Manchester Center, VT 05255

Phone: 802-447-0111(Bennington), 802-362-0222 (Manchester)

Website: [www.tutoringvermont.org/](http://www.tutoringvermont.org/)

- Literacy services for Bennington County
- Vermont High School diploma services
- GED preparation and testing
- Tutoring services for students needing extra help for academic classes
- ESL services
- Assistance with literacy and reading needs for career programs / apprenticeships
- Sliding scale fees

### **State of Vermont**

Website: [www.vermont.gov/portal/government/atoz.php](http://www.vermont.gov/portal/government/atoz.php)

- Bennington District Office, Agency of Human Services Field Director, Adam Sancic, 802-447-2745
- Department of Children and Families (DCF), Veterans Memorial Drive, Bennington, VT 802-442-8138
- Social services for families in need
- Blind and Visually Impaired, Veterans Memorial Drive, Bennington, VT, 802-447-2760
- DBVI Info Line: (toll-free) 1-866-242-3284
- Services for individuals who are blind or visually impaired; teaching independent living skills; exploring the use of technical adaptations and devices.
- Vermont Relay Service - telephone service for people who are deaf

- TTY to Voice: 1-800-253-0191
- Voice to TTY: 1-800-253-0195
- Relay service connects people who use a TTY (telephone device for people who are deaf) to people who do not use a TTY, through an intermediary who translates messages back and forth. This service is toll free; it does require time and patience to access properly.

**Department of Corrections, Probation and Parole**, 200 Veterans Memorial Drive, Bennington, VT

Phone: 802-447-2777

Website: [www.doc.state.vt.us/custody-supervision/field](http://www.doc.state.vt.us/custody-supervision/field)

- Services for people who have been adjudicated or are serving court-ordered sentences in the community or in prisons Includes Reparative Justice Systems

**Department of Employment and Training**, Bennington Office, 1 Veterans Memorial Drive, Bennington, VT

Phone: 802-442-6376

Website: [www.labor.vermont.gov/](http://www.labor.vermont.gov/)

- Provides assistance in finding jobs and how to apply for work
- Connects to statewide Jobs Line: 1-800-414-5748
- Unemployment Benefits: 1-877214-3330

**Project Against Violent Encounters (PAVE)**, 102 Dewey St, Bennington, VT

Phone: 802-442-2370 (office)

**PAVE Hotline:** 802-442-2111

Website: [www.pavebennington.com/](http://www.pavebennington.com/)

- Services for victims of domestic abuse and sexual violence
- Domestic Abuse Prevention, Intervention and Treatment services
- Assistance with safe homes

- Assistance with court orders
- Assistance with safety of children and families
- Assistance with police investigations and legal matters

Services for families including day care, education and job training

- Parent support services
- Case management services
- Sliding scale or no-fee for services

**Retired Senior Volunteer Program (RSVP)**, 215 Pleasant St., Bennington, VT

Phone: 802- 447-1545

Website: <https://www.rsvpvt.org/>

- Opportunity for community members to volunteer their services
- Non-profits request assistance from RSVP and RSVP matches requests with volunteers
- Requests change frequently and opportunities fluctuate

**Green Mountain Express**, 215 Pleasant St., Bennington, VT

Phone: 802-447-0477

Website: <http://www.greenmtncn.org/>

- Provides Bennington area and county-wide bus transit services from Pownal to Manchester/connecting to Rutland - call for schedule and service area

Visiting Nurse Association and Hospice (VNA & Hospice), 1128 Monument Ave, Bennington, VT

Phone: 802-442-5502

Website: [svhealthcare.org/services/vna-hospice/](http://svhealthcare.org/services/vna-hospice/)

- VNA is part of the Southwest Vermont Health Care, providing Home Health Services to patients in their homes under orders from a physician

- Services may include nursing, speech and language, physical therapy, medications, personal care, assistance
- Hospice services include help with care for very ill persons, grief counseling, respite and other services

### **APPLY FOR FUEL ASSISTANCE IN JULY**

<https://dcf.vermont.gov/search/node/fuel%20assistance>

### **GO-VT**

- The State of Vermont has launched a new website dedicated to connecting commuters with ways they can save money and reduce their carbon footprint. The website is [www.connectingcommuters.org](http://www.connectingcommuters.org). This site contains links to every public transit provider in Vermont as well as state operated Park & Ride locations. There is a variety of information on the website.
- GREEN MOUNTAIN CARE...A HEALTHIER STATE OF LIVING is the umbrella name for all of the state's health care programs including Catamount Health, VHAP, Medicaid, VHAP- Pharmacy, VPharm, etc. To learn more about or to enroll in any of these programs, call 1-800-250-8427 or go to [www.GreenMountainCare.org](http://www.GreenMountainCare.org).
- The Vermont 211 Helpline for information about services in the county and across the state. Just dial 211 or log onto [www.vermont211.org](http://www.vermont211.org).